



Membership Information

| | One Semester Fall <i>or</i> Spring | Two Semesters Fall/Spring <i>or</i> Spring/Summer | Annual Year 9/1/2023 to 8/31/2024 | Summer Semester Only |
|-------------------------|---------------------------------------|---|--------------------------------------|----------------------|
| Faculty/Staff | | | | |
| Fitness | \$ 100 | \$ 175 | \$ 225 | \$ 85 |
| Group Fitness & Cycling | \$ 50 | - | - | \$ TBD |
| Alumni | | | | |
| Fitness | \$ 120 | \$ 200 | \$ 260 | \$ 85 |
| Gold | \$ 160 | \$ 295 | \$ 385 | \$ 120 |
| Silver | \$ 80 | \$ 140 | \$ 210 | \$ 70 |
| Group Fitness & Cycling | \$ 75 | - | - | \$ TBD |
| Community | | | | |
| Fitness | \$ 150 | \$ 250 | \$ 325 | \$ 100 |
| Gold | \$ 200 | \$ 365 | \$ 480 | \$ 150 |
| Silver | \$ 100 | \$ 175 | \$ 260 | \$ 90 |
| Group Fitness & Cycling | \$ 75 | - | - | \$ TBD |
| Guest | | | | |
| Monthly | \$ 60 | | | |
| Weekly | \$ 25 | <i>Guest Passes are good for the month, week, or day of purchase, and are not subject to semester restrictions.</i> | | |
| Day | \$ 5 | | | |

Memberships expire based on length purchased. Additional semester or summer fees will apply for extended membership privileges.

Contact us:

Recreation Sports & Facilities: (262) 472—1145

University Fitness Center: (262) 472—1260

Racquetball Reservations: (262) 472—1384

Daily Open Recreation Hotline: (262) 472—1400

www.uww.edu/recsports

Membership Lengths

All memberships are good for the semester they are purchased in. Multiple semester purchases are only good for the current plus consecutive semester(s).

Fall Semester:

9/1—12/31/2023

Spring Semester:

1/1—5/12/2024

Summer Semester:

5/12—8/31/2024

The Rec Sports Annual year is September 1— August 31 and may only be purchased during the Fall Semester.

Things to know!

- ◆ Senior Citizens 62 years of age or over receive a 10% discount on Community memberships.
- ◆ Proof of Alumni status required from Alumni Office.
- ◆ Guest passes allow access to all open facilities.
- ◆ Students & Faculty/Staff must bring Hawk Card to use pool, gyms, and racquetball courts during open recreation - no membership fee required.
- ◆ *Please see back for more details!*

The Weight Room and University Fitness (located in the basement of Wells Hall) are not just open to students and staff, but to the public as well! So, whether you come to lift, run/walk, bike etc., there is something for everyone.

Within each facility you will be greeted by a friendly and knowledgeable staff, and you will have access to free weights, strength machines, and a variety of cardio equipment. The Weight Room also has platforms available for Olympic lifts.

University students, faculty, and staff may access the aquatic facility, fieldhouse, or racquetball courts for free with their Hawk Card ID. Please see the below table for complete membership breakdowns.

| | Silver | Fitness | Gold | Group Fitness & Cycling | Monthly, Weekly, & Day |
|-----------------------------|--------|---------|------|-------------------------|------------------------|
| Williams Center Weight Room | | ✓ | ✓ | | ✓ |
| University Fitness Center | | ✓ | ✓ | | ✓ |
| Group Fitness Classes | | ✓ | ✓ | ✓ | ✓ |
| Cycling Classes | | ✓ | ✓ | ✓ | ✓ |
| Swimming Pool | ✓ | | ✓ | | ✓ |
| Fieldhouse | ✓ | | ✓ | | ✓ |
| Racquetball Courts | ✓ | | ✓ | | ✓ |

General Rules

- ◆ Appropriate Attire: A shirt that covers full torso, athletic attire, and closed toe/closed heel athletic shoes. Backless shirts below the shoulder blades are not permitted.
- ◆ Help keep your gym clean: re-rack weights and wipe down your machine after each use.
- ◆ University Fitness may be accessed through Door #6 of Wells Hall off of Lauderdale Drive.
- ◆ Athletes have priority use of strength equipment, platforms and squat racks from 6—8 am and 2—6 pm in the Weight Room during the academic year only. Priority use does not apply to equipment on the cardio deck.
- ◆ Lockers are available year-round in the general locker rooms located by the swimming pool. Members must provide their own lock. Lockers are cleaned every two years—watch for signs.
- ◆ Swimming suits are required to use the aquatic facilities.
- ◆ Additional rules and regulations are located on the membership form and at www.uww.edu/recsports.

Academic Year

Weight Room Hours:

Monday-Thursday: 6 am—11 pm

Friday: 6 am—9 pm

Saturday: 8 am—5 pm

Sunday: Noon—11 pm

University Fitness Hours:

Monday-Thursday: 7 am—11 pm

Friday: 7 am—7 pm

Saturday: 10 am—2 pm

Sunday: 3 pm—11 pm