

UW-WHITewater – RECREATION SPORTS FACILITIES PERSONAL TRAINING AGREEMENT FORM

Client Name (please print): _____ ID # _____

Local Address _____ City/Zip _____

Cell/Main Phone () _____ Email _____

- | | |
|--|--|
| Check One: <input type="checkbox"/> NEW Client (assessment required)
<input type="checkbox"/> Current Client, purchasing additional sessions
<input type="checkbox"/> Returning Client | Check One: <input type="checkbox"/> UWV Student
<input type="checkbox"/> UWV Faculty/Staff
<input type="checkbox"/> Community Member |
|--|--|

I prefer to workout at (please circle) University Fitness Center (Wells Hall) WC Weight Room

I have filled out the PT Info Packet (please circle) YES NO PT Requested: _____

I have a WARHAWK FITNESS MEMBERSHIP? YES NO (this is a requirement to participate)

***** ALL SERVICES MUST BE PAID FOR PRIOR TO FIRST SCHEDULED APPOINTMENT *****

Client Signature _____ Date _____

Please mark the times you are available/would prefer to train:

	Monday	Tuesday	Wednesday	Thursday	Friday
7 – 9 am					
9 – 11 am					
11 am – 1 pm					
1 – 3 pm					
3 – 5 pm					
5 – 7 pm					
7 – 9 pm					

Scheduling Notes:

- ✓ If you are training with a partner or group, make sure everyone has the same availability before signing up.
- ✓ Saturday and Sunday are by appointment only

Employee Initials	Date	Amount Paid	Payment Type:
_____	_____	_____	<input type="checkbox"/> Student Billing <input type="checkbox"/> Cash <input type="checkbox"/> Purple Points <input type="checkbox"/> Check (#)

PERSONAL TRAINING PACKAGE OPTIONS

- ✓ Assessments are required for all NEW Clients, but not for a body composition appointment
- ✓ Each session is 1 hour

Body Composition

- ✓ PT Info Packet is NOT required
 - ✓ Appointment lasts about 15 – 20 minutes
- ◇ Body Composition \$10

Total Amount Due:

One-On-One Packages

- ◇ Assessment (1 hour) \$20
- ◇ Assessment + Program (2 appointments, 1 hour each) \$35
- ◇ 1 session QTY: ____ \$20
- ◇ 5 sessions \$100
- ◇ 10 sessions \$180
- ◇ 20 sessions \$320

Total Amount Due:

Partner Packages

- ✓ Cost Per Person
- ✓ Make sure each partner fills out Agreement Form and PT info packet

- ◇ Assessment (1 hour) \$20
- ◇ Assessment + Program (2 appointments, 1 hour each) \$30
- ◇ 1 session QTY: ____ \$15
- ◇ 5 sessions \$75
- ◇ 10 sessions \$130
- ◇ 20 sessions \$220

Partner Name:

Total Amount Due:

Group Packages

- ✓ Cost Per Person, 3 – 5 people
- ✓ Make sure each partner fills out Agreement Form and PT info packet

- ◇ Assessment (1 hour) \$20
- ◇ 1 session (only available as an add on session) QTY: ____ \$13
- ◇ 5 sessions \$65
- ◇ 10 sessions \$110
- ◇ 20 sessions \$180

Group Participants:

Total Amount Due:

1. 4.
2. 5.
- 3.