

## Williams Center Weight Room & University Fitness Policies

- Membership/Guest Pass Required; Age Restrictions Apply
- Dress Code:
  - Shirts with sleeves, covers full torso and does not expose skin below bra line in the back
  - Shorts/pants should be free of belts, studs, rivets and zippers
  - Closed-toe and heel shoes, covering entire foot
  - Brimless hats/headwear
- Bags and personal items must be stored in general locker room: personal cubbies/storage spaces in workout area are currently unavailable
- Phone calls must be take outside of the facilities
- No unauthorized photos or videos permitted
- UW-Whitewater, Rec Sports, and the staff are not responsible for lost or stolen items

### Modified Policies for Facility Use During Pandemic (in addition to the policies listed above)

- The Williams Center Weight Room has current capacity limits staff must enforce
- Workout spots must be reserved via IMLeagues or the UW-W Rec Sports app
  - Drop-ins permitted, although spots are not guaranteed
  - Only one daily use permitted per person (unless drop-in spaces remain for sessions)
    - Once per day in the Williams Center Weight Room and University Fitness (total limit of two reserved uses per day)
- Face coverings/masks are to be worn at all times
- Equipment must be wiped down after each use
- Social distancing must be followed at all times
  - Some equipment is not-in-use to help enforce distancing. If a piece of equipment has a sign on it indicating it cannot be used, it cannot be used
- All personal items must be stored in general locker rooms
  - Weight Room cubbies currently unavailable for use
  - University Fitness cubbies may be used
- Fans must remain off
- Modified rules apply to general members AND Intercollegiate Athletics teams
- Anyone not following policies may be asked to vacate facility without receiving a membership refund
  - Documentation from the UW-W Center of Students with Disabilities must be provided in order for policy exemption to be granted

These policies are in-place to help protect against the transmission of viruses and infections. If dress code is not met, staff will ask individuals to change or leave the facility. Subject to change at any time.