

# Student Success Resource Spotlight

Warhawk Success Conference

February 24, 2023

# Dean of Students Office & CARE Team

Andy Browning

Assistant Dean of Students

What is the CARE (Campus Assessment Response and Evaluation) Team and what do we do?

# CARE (Campus Assessment Response and Evaluation) Team

- **Why do CARE Teams Exist?**

- We exist because of the shooting at Virginia Tech in 2007, BIT (Behavioral Intervention Teams) are available to provide outreach to students who may be struggling and or a danger to themselves or others

- **Who does the form go to?**

- It goes directly to my inbox and other DOS staff. We follow up as quickly as we can and urgent situations are addressed first. We are not emergency responders, **any immediate emergency should be directed to 911**
- Some will be routed to the Student Life Specialist

- **What is the DOS role?**

- We are the primary facilitators of providing outreach to students. Our role is also to work with faculty or staff to help provide support with difficult situations in and out of the classroom that involve students

- **Are you required to fill out a CARE form?**

- No, you are not required, but it is considered a best practice if you have any concerns about a student. Especially if it is mental health related and pertains to talk or threat of suicide, any potential threats to others

# Examples of behaviors that are important to share with the CARE Team

- Students e-mailing you about a recent suicide attempt or thoughts of suicide
- Students appearing to be under the influence
- Students making inappropriate or hateful comments about someone else's identity or specific identity groups
- Students isolating themselves in the classroom or other campus communities
- Students appearing to be disconnected from reality
- Students writing about violence or violent acts (could be a writing assignment)
- Social media posts with threatening language (may be vague or very specific)
- Students disclosing complicated mental health issues
- Being threatened directly or indirectly by a student (swearing at you, saying you are going to "get it", throwing papers in the classroom, slamming doors etc.)

# Fostering Success & Independence

Sarah Hessenauer, Social Work

Lori Trimble, Office of Research & Sponsored Programs & Biology

# Fostering Success and Independence

Fostering Success and Independence (FSI) is an active partner in creating a supportive college experience where students, regardless of family support, have an equal opportunity to obtain their degree. Through partnership with campus resources we promote independence and academic success.

# Who Do We Serve

- Students without traditional family support
- Former Foster Children
- Homeless Students
- Students who have parents who are:
  - Deceased
  - Deployed
  - Incarcerated
  - Deported
  - Institutionalized
  - Otherwise Unavailable (strained relationships, etc.)





# Connecting with Students

- Provide Mentoring
  - Attend Events
  - Celebrate Birthdays
  - Distribute Welcome Gift Baskets
  - Distribute Finals Snack Packs
- Connect Individual Students with Resources as Needed
    - Tutoring
    - Food Pantry
    - CARE Team Referrals
    - Housing
    - Campus Employment
    - Warhawk Emergency Fund

# Grant Funds and Donations are Expanding FSI

- New space in Andersen Library
- Long-term technology checkout
- FSI stipends to students with unmet financial need
- Provide donated dorm, personal hygiene, and school supplies
- Host prospective students on campus
- Trauma Responsive Interventions training
  - March 10, 8am-noon, [my.uww.edu/SignUp](http://my.uww.edu/SignUp)
- Open House
  - March 13, noon-2pm, Andersen 2125



# Integrated Solution

Dr. Veronica Warren

Director of Counseling Services

University Health & Counseling Services

# An integrated solution, addressing needs of the UW Students



SELF HELP & WELLBEING  
SUPPORT



 **Mantra Health**

TELETHERAPY



TELEPSYCHIATRY

 **Mantra Health**

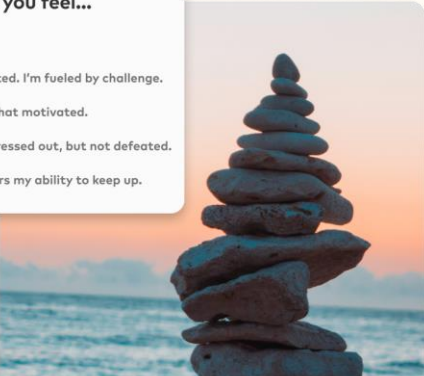
 **Didi Hirsch**  
MENTAL HEALTH SERVICES

CRISIS MANAGEMENT



# YOU at College

## Get Advice




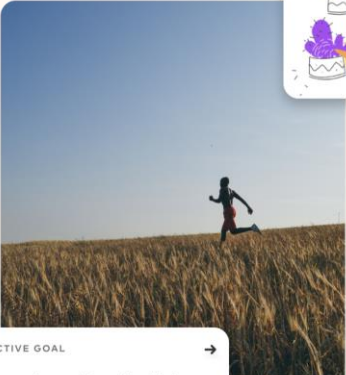
QUESTION 9/17  
**In general, stress makes you feel...**

A. Motivated. I'm fueled by challenge.  
B. Somewhat motivated.  
C. I get stressed out, but not defeated.  
D. It hinders my ability to keep up.

FACTS & TIPS  
**Your Body on Stress**  
Sustained high levels of stress can gradually wear down your body. Literally, because it destroys...  
STRESS & ANXIETY

STUDENT POSTS  
**How I'm overcoming my fear of speaking in class**

## Take Action




LEARN HOW TO...  
**How to form a habit or routine**

ACTIVE GOAL  
**Keep a sleep diary for 7 days**  
3/4 Steps  
Due in 2 weeks  
NEXT STEP  
Track times when waking up and falling asleep.

**My Goals**  
In Progress Completed New Goal  
4  
4 GOALS SET

## Connect to Campus



STEP 7/7  
**Know where to go.**  
When you need help, we'll point you there. Why not bookmark any resources you'd like to explore later?

**Community Counseling Center**

**Experiential Learning Center**

HELP IN CRISIS  
**Reach out for help**  
Mental Health Crisis Intervention  
Call 202-555-0173  
Concerned about another student?  
Tell someone or use the [online form](#)

- Aims to be the digital front door to access a wide variety of resources and services offered through the university



# Your Mantra Health Program

## Therapy Referral Pathways

- ✓ UHCS Referral

## Psychiatry Referral Pathways

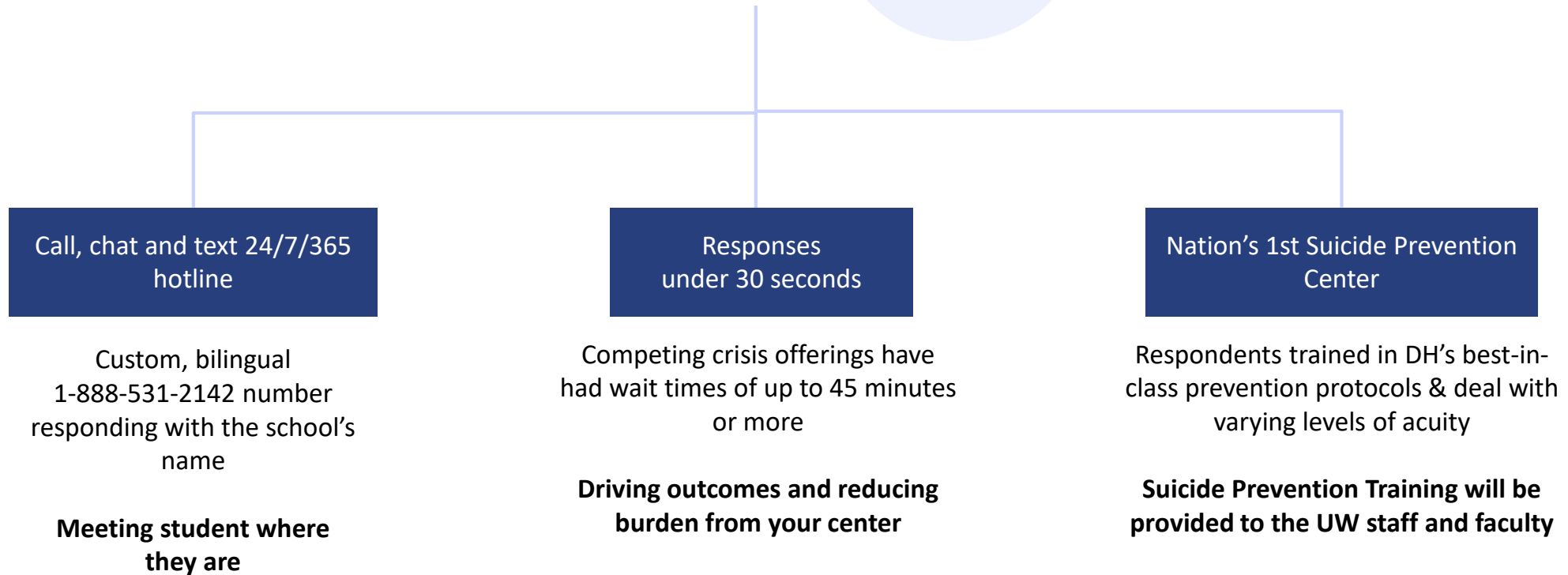
- ✓ UHCS Referral

## 24/7 Crisis (Unlimited)

- ✓ Call
- ✓ Chat
- ✓ Text



# UW Whitewater Support 24/7



# Warhawk Emergency Fund

*Supporting retention and graduation by providing emergency funding for living expenses*

Arden Bubula (they/them)

Graduate Assistant



# Warhawk Emergency Fund

## Whom we serve

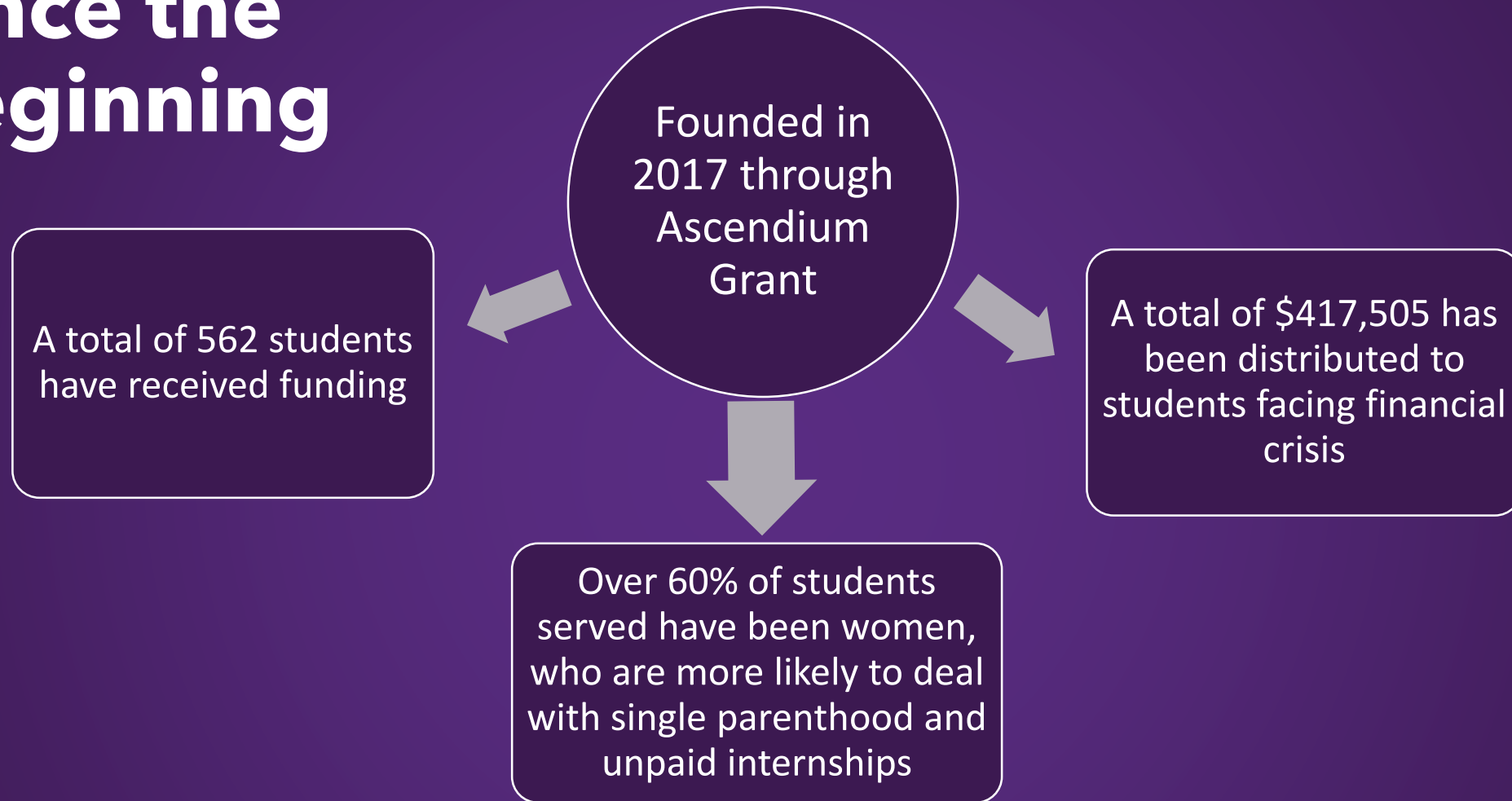
- Enrolled undergraduates
- Primarily low-income students (median EFC <\$1000)
- Disproportionately
  - URM
  - Students with disabilities
  - Student parents
  - Women
  - Unpaid interns

## What we provide

- Rent
- Car repairs
- Utilities
- Medical/Dental
- Food cards
- Gas cards
- ~~Car payments, tuition, credit cards, phone bills~~



# Since the Beginning



# Warhawk Success in 2022

93% of WEF students graduated or stayed enrolled

46% of students served belong to minoritized racial and ethnic groups

During the gas price spike WEF responded by providing 23 students with gas cards

Nearly 50% of total awarded funding went towards housing costs, serving 37 students

# How Students Apply

1. Student submits an application here:  
[https://uwwhitewater.co1.qualtrics.com/jfe/form/SV\\_dm3gP00Mm47WWUu](https://uwwhitewater.co1.qualtrics.com/jfe/form/SV_dm3gP00Mm47WWUu)
2. They provide documentation and additional context to explain their need(s)
  - Most important is their personal narrative
3. Financial aid information is gathered and eligibility is assessed
4. Any missing pieces are acquired (documentation, narrative details, etc.)
5. Application is sent to our 3-person decision committee
6. Student is informed of the committee's decision
7. WEF staff coordinate with the student on bill payment

# Student Activities & Involvement

Aaron Broadwater

Program Specialist - Development

# Student Activities & Involvement

## SAI Mission:

*"Student Activities & Involvement: We partner to cultivate culture and connection for an active experience for Warhawks and beyond. Through developing the individual and fostering community, students learn and practice skills and behaviors to be exceptional professionals that succeed."*

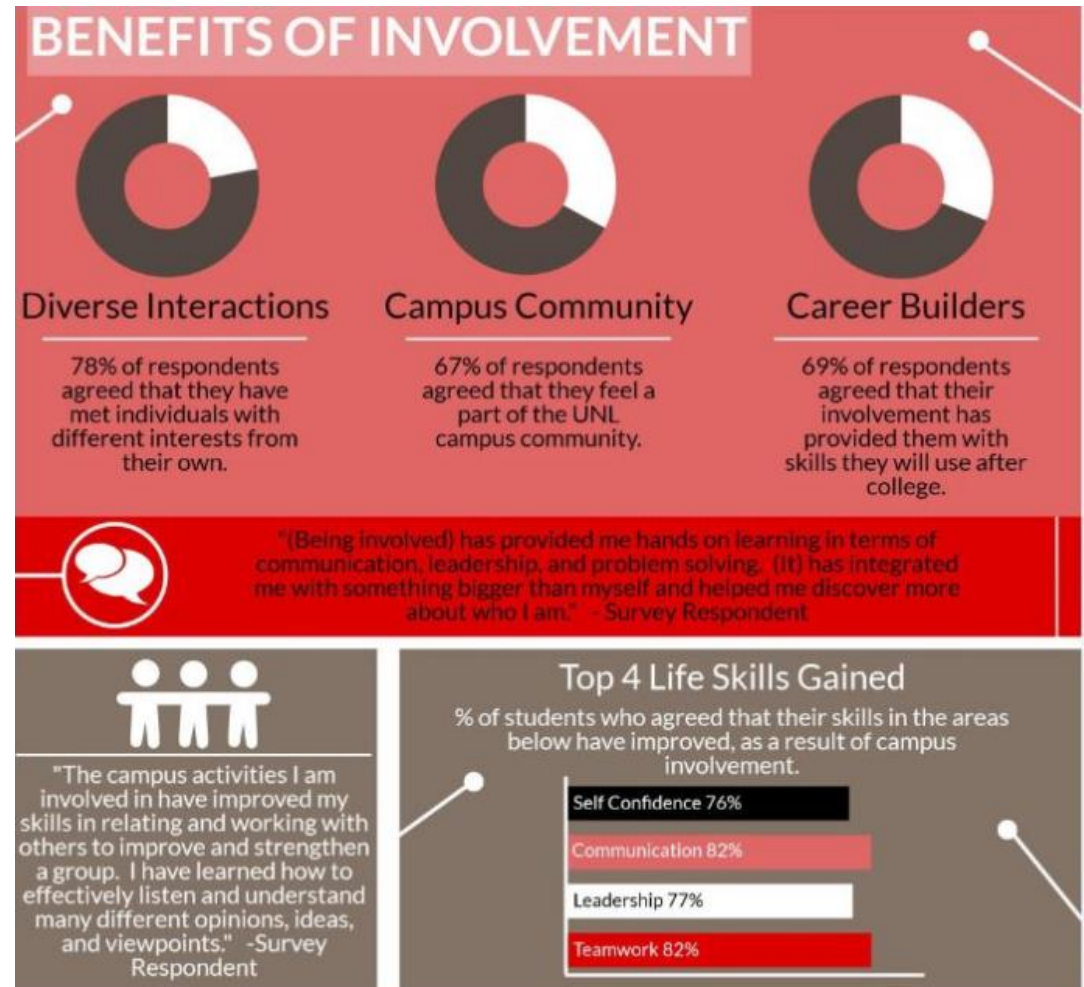
- Community Building
- Student Orgs
- Educational programming
- Involvement
- ULEAD
- Greeks
- Warhawk Ambassadors
- Service
- WCC
- Tradition Event ( Homecoming, Involvement Awards)
- UC Live



# Involvement

Studies have shown that college student involvement is **positively related to academic performance, cognitive development, well-being, leadership and multicultural awareness.**

- 187 Student Orgs (Training, Org Recognition, Assistance)
- Semesterly Involvement Fair
- ULEAD
- Homecoming Steering Committee
- Greek Life
- Service Opportunities
- Summer Retreats
- Annual UWW Leadership Summit



# Warhawk Connection Center

## **WCC Goals-**

- Foster higher levels of collaboration
- Build a closely connected relationship
- Establish & maintain a safe, inclusive, and open space
- CSC/Chancellor Advisory Council meetings & events
- Gain more support from resident orgs (Event attendance, marketing support, ext.)

## **WCC Key Components-**

- Wellness Wednesday's
- Org Recognition
- Post Event Thoughts
- WCC Org Marketing Support
- WCC Programming Events

## **WCC Events:**

- Cultural Heritage Programs
- Fireside Chats
- Professional Development Programs
- Diversity & Inclusion Programs



# Greek Life

- **21 Fraternities & Sororities:**
  - National Pan-Hellenic Council
    - 6 Chapters
  - Interfraternity Council
    - 9 Chapters
  - Panhellenic Council
    - 8 Chapters
- 1 Honor Society: Order of Omega
- 4 Professional Staff Members
- 1 Graduate Assistant
- 1 Undergraduate Greek Intern



# UC Live



The graphic features the 'UC Live' logo at the top center, with 'UC' in large white letters and 'Live' in a smaller, teal script font. Below the logo, the graphic is divided into three vertical sections. The left section contains a microphone icon and text about various performers and a weekly event. The middle section features social media icons for Facebook, Instagram, and TikTok, along with text about following for event schedules and free activities. The right section includes a clapperboard icon and text about movie screenings in the Summers Auditorium.

**UC Live**

**COMEDIANS • MUSICIANS  
MAGICIANS • HYPNOTISTS  
AND MUCH MORE!**

UNIVERSITY CENTER  
DOWN UNDER  
THURSDAYS AT 7:00 PM  
FREE!

**FOLLOW US ON  
SOCIAL MEDIA FOR  
EVENT SCHEDULES!**

ucliveuww

**FREE ART WORKSHOPS,  
BINGO, TRIVIA, AND OTHER  
SPECIAL EVENTS!**

**MOVIES**

IN SUMMERS AUDITORIUM:

THURSDAY: 9 PM  
FRIDAY & SATURDAY: 7 PM

FREE WITH UW-W STUDENT ID  
\$3 WITHOUT

**UC Live provides social programming on a campus wide basis in the University Center, creating vibrant atmosphere that enhances student connection, helps students see themselves in activities as well as options for campus in a non-alcoholic programming.**

# Rock County Campus Success Resources

Kristin Fillhouer

Associate Dean, College of Integrated Studies

# University of Wisconsin Whitewater at Rock County Team

- Belonging, Growth Mindset, Resilience and Trust
- Warhawk Welcome for Students in Housing
- SOAR and Individual Advising
- TRiO Program
- First Year Experience and Bridge Programming

# Contact Information

- CARE Team  
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- Warhawk Emergency Fund  
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University of Wisconsin  
**Whitewater**