

Suggested Activities and Topics

Activities and Activity Goals

- Create learning experiences: as needs are identified, look for innovative ways to strengthen or develop knowledge and skills
- Provide personal support and reinforcement
- Share college culture
- Evaluate characteristics and abilities: identify strengths and build on areas of improvement
- Coach to improve specific skills (technical, interpersonal) and behaviors
- Be a sounding board: listen, probe, understand and help to clarify
- Share personal and work experiences: share highs, lows, success, failures and what was learned
- Connect and discuss the Alumni Mentor Program e-newsletter topics
- Meet at or attend conferences and networking events
- Chat via WebEx/Zoom, Google Hangout, Apple FaceTime

Possible Topics to Discuss

- Special training or advanced degrees required for career options
 - Career tracks
 - Career exploration
 - Types of businesses/employers in chosen field
 - Current issues in the profession
 - Job market trends
 - Organizational culture
 - Professional organization membership
 - Quality of life in the profession
 - Work/life balance
 - Management issues
 - Approaches to ethical or professional dilemmas
 - Business attire
 - Study/travel/employment possibilities abroad
 - Campus involvement opportunities
 - Professional dinner etiquette
 - Online or social media etiquette
 - Internship and job search advice
 - Resume and cover letter review
 - Interviewing and networking skills
 - Volunteer/extracurricular activity benefits
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