



# UW-WHITewater POLICE DEPARTMENT IPMBA POLICE CYCLIST COURSE



Greetings,

My name is Detective Cal Servi. Nicolas Thompson, Dave Gempler, Dan Kuehl and I are your Instructors for the International Police Mountain Bike Association (IPMBA) Police Cyclist Course being held at UW-Whitewater, May 23<sup>rd</sup> – May 6<sup>th</sup> 2022. The Police Cyclist course will challenge everyone from the first-time cyclist, to the experienced rider. We are strongly committed to ensuring you leave with a greater skill set and are more comfortable and relaxed as a Police Cyclist at the end of that week, which is the purpose of this “heads-up” letter to you.

## General preparation

If you are a bit rusty or haven’t ridden a bicycle in quite some time, please get out and ride! Effort is essential, but effort alone will not guarantee success or certification. Familiarization is a key component and cornerstone of police cycling. Increase your familiarization right away and get out and ride.

At times the police cyclist course can be physically demanding, as can many parts of this job. Preparation for this course can make it much more enjoyable. Simply bicycling for 30 minutes a day a few times a week will help prepare and familiarize your body for this four-day course.

You will need to bring with you a copy of *The Complete Guide to Public Safety Cycling – 2<sup>nd</sup> Edition*. You can find this on Amazon (<http://www.amazon.com/Complete-Guide-Public-Safety-Cycling/dp/0763744336>) or at larger bookstores such as Barnes & Noble. Please bring this book with you on the first day of class. Also, please take a moment to familiarize yourself with this book as it will be used during lesson plans throughout the week. You must achieve 76% or better on the basic knowledge written test on the final day to pass the course.

Please make sure you have a properly sized mountain bike that is in good mechanical condition. Ensure you have tools, pump, bicycle light, and spare tubes. (Refer to the equipment list in the attached document). Dress appropriately. Weather in Wisconsin can vary from warm and balmy to cool and rain, so please plan ahead and dress for the weather. We will conduct the course in most any weather conditions – Please be prepared.

Below are the tentative dates/ times for the class and are subject to change at the Instructor(s) discretion:

<b>-Monday</b>	<b>5/23/22 – 7a-4p</b>	<b>-Tuesday</b>	<b>5/24/22 – 7a-4p</b>
<b>-Wednesday</b>	<b>5/25/22 – 2p-11p (Night ride)</b>	<b>-Thursday *</b>	<b>5/26/22 – 9a-4p</b>

\*Generally, if the John Muir trail system in the Kettle Moraine – Southern Unit is open, after the written test we try to ride out there. If you personally own a mountain bike and want to bring it for this trail ride, it is encouraged but not mandatory. More info on the trails can be found here: <https://dnr.wi.gov/topic/parks/name/kms/trails.html>

**Course check in is at 7:00AM Monday, May 23<sup>rd</sup> , 2022 at Esker Hall, Room 118 (420 N. Prairie St. Whitewater, WI 53190)**

# UW-WHITewater POLICE DEPARTMENT

## IPMBA POLICE CYCLIST COURSE

Parking is available in Lot 4, which is across the street from Esker Hall. I've attached a campus map, equipment checklist, and PAR-Q questionnaire to complete and bring to class. You will be able to securely store your bikes at Esker Hall during the course, if desired, to avoid having to transport back and forth.

We believe this is exciting training and strive to make it a stress-free, enjoyable, and rewarding week for everyone! As Instructors, we look forward to this course all year long with the goal of maximizing our ability to impart knowledge to those who strive to learn.

If you have any questions or concerns, please contact us at [Service@uww.edu](mailto:Service@uww.edu) /262-949-5943 or [Thompson@uww.edu](mailto:Thompson@uww.edu) /262-472-4660.

We look forward to meeting and working with you in June!

Sincerely,

Detective Cal Servi  
UW-Whitewater Police Department  
PCI #1305

Officer Nicolas Thompson  
UW-Whitewater Police Department  
PCI#1314



UNIVERSITY POLICE SERVICES  
Phone (262) 472-4660 Fax (262) 472-5746  
Goodhue Hall 734 West Starin Road Whitewater, WI 53190-1790