# University of Wisconsin – Whitewater LIFE Program Application 2024-2025

Learning is for Everyone

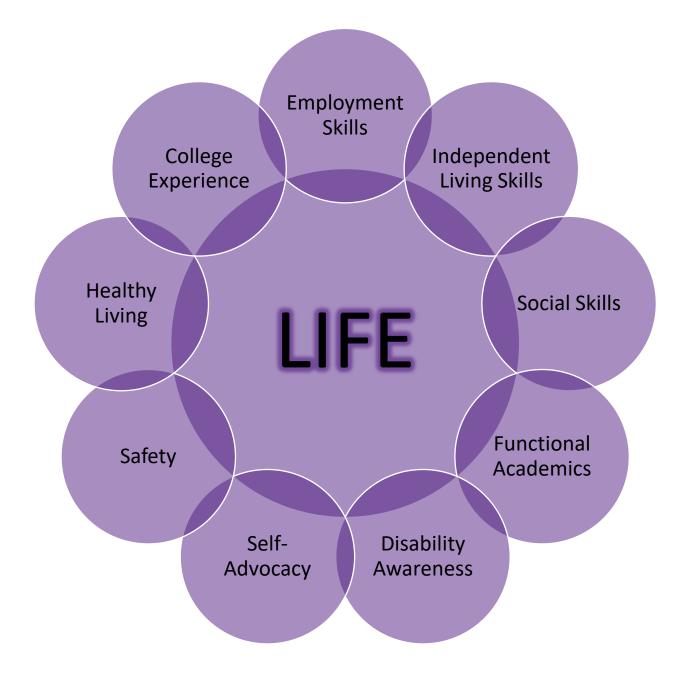
The LIFE program at the University of Wisconsin – Whitewater has been designed to provide a complete college experience for young adults between the ages of 18-25 who have an intellectual disability. With ample supports, specialized instruction, on-campus residential living, and community integration, the program serves a critical need in our region and community. The program consists of two components, which includes a Basic Program (first 2 years) and an Advanced Program (second 2 years) that are designed to facilitate independent living and employment success for persons with significant cognitive limitations.

#### **Program Highlights and Goals**

- Provide an underserved segment of the population with comprehensive supports that are designed to prepare them for competitive employment and independent living to the greatest extent possible.
- Provide specialized instruction, with an emphasis on skills that students need in order to be successful in personal and professional endeavors following completion of the program.
- Provide extensive residential supports that have been designed to help students develop essential skills in non-academic domains.
- Expose students to an authentic college experience, which spans far beyond traditional academics.
- Integrate LIFE students with multiple facets of campus life, thereby providing many inclusive opportunities and meaningful networks of support.
- Dismantle barriers and create substantive opportunities for students with an intellectual disability.
- Prepare students to live a healthy and balanced lifestyle, including regular exercise and participation in enjoyable leisure activities.

\*Students who complete this program will receive a certificate of completion, rather than a degree from the University.\*

# **Program Snapshot**



#### **Student Qualifications**

The LIFE program will only accept students who are a good fit for the services that we provide, so the information below should help prospective students and their parents understand who would be a good fit.

#### **Characteristics of Successful Applicants**

A prospective student should:

- Be 18-25 years of age upon acceptance.
- Have documentation of an intellectual disability.
- Have the ability to function independently for a couple of hours or more.
- Not have significant behavioral problems.
- Be able to take medication independently or with prompting provided by common technology (e.g., smartphone, iPad, automated/electronic dispensers, etc.).
- Be able to independently take care of important day-to-day needs, such as a following a specialized diet.
- Be able to perform a basic hygiene routine independently or with minimal support.
- Be able to adapt to change.
- Respect self and others.
- Be willing to accept responsibility for actions and to receive feedback.
- Have an interest in being around other people and forming friendships and professional relationships.
- Want to live independently and be willing to live on-campus in a traditional residence hall. We have lots of resident assistant supports to help!
- Have some employment/volunteer experience.
- Have parents who are willing to let go and support you during this college journey.
- ✓ Students should also be highly-motivated to become a college student; it's a lot of work!

#### **Application Process**

Prospective students, with support from their parent/guardian as needed, should submit this completed application packet. All applicants will be initially screened by information and documentation contained within. Following this screening, a prospective student will be contacted by program staff with (a) an invitation to participate in a face-to-face interview or (b) notice that the student is not being considered for admission. Please be patient with this process because each application will be carefully and thoughtfully reviewed, which takes time.

Once finished, submit this completed application with all supporting documents via email to <u>lifeprogram@uww.edu.</u>

\*Only complete application packets will be given consideration.\*

# **Student Information**

Last name	First name	MI	
Home phone	Cell phone	DOB	
]	Home address		
City	State Zip		
Stude	ent's email address		
Who do y	ou currently live with?		
Do you have a driver's license?	Requested year and semester of program entry		

# Family Information

Parent/Guardian			
Last name	First name	MI	
Home phone	Cell phone		
	Home address		
City	State	_ Zip	
	Email address		
Occupation	Work p	bhone	
Parent/Guardian			
Last name	First name MI		
Home phone	Cell pl	hone	
	Home address		
City	State Zip		
	Email address		
Occupation	Work p	bhone	

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Education History		
Name of high school	City, State	Dates of attendance
Name of middle school	City, State	Dates of attendance
Name of elementary school	City, State	Dates of attendance
	disability category intellectual disability?	
Have you received special education services while at school?	Yes No (please list your primary disability and briefly explain your needs in the Notes section below)	Beginning and ending grades that special education services were provided
What was the setting in which the majority of special education services in high school were provided (self- contained classroom, resource room, general education classroom, etc.)?	Do you require accommodations or modifications while at school? Yes (please list these in the Notes section below) No	Have you had any disciplinary events in the last three years that resulted in suspension, expulsion, or removal to an alternative placement? Yes (please explain in the Notes section below) No
	Notes	

# Student Background Information

# Student Background Information (continued)

Medical History
Please list and describe all of your medical diagnoses, including those related to physical and
mental health, that are currently applicable.
Are there any medical or physical reasons why you may not be able to participate in activities
on or off campus? If yes, please explain.
Please list all medications that you take and why these are prescribed.
Trease list an incarbanons that you take and with these are presented.
In the previous year, have you received any form of therapy, such as behavior therapy,
occupational or physical therapy, counseling, or services from a psychologist? If yes, please
describe.

# Student Background Information (continued)

Medical History
*Are you able to take medication independently or with the support of prompting provided by common technology? If no, please explain.
*Do you require specialized supports that are medical in nature? If yes, please describe.
*Do you have any food allergies or other specialized needs that require care on a day-to-day
basis? If yes, please explain.
Notes
*The LIFE program does not have staff available to provide medical supports or to meet
highly-specialized care needs of students. If a student requires these supports, then they will
need to locate and arrange personal assistant services prior to entry.

Job title	Dates of employment
Job the	
	Reason for leaving
Job title	Dates of employment
	Reason for leaving
nce	
Job title	Dates of employment
	Reason for leaving
Job title	Dates of employment
	Reason for leaving
Notes	
	Ince Job title Job title

# Student Background Information (continued)

# **Personal Information**

To heli	n nrogram	staff get to	know you,	please	answer	the fe	ollowing	questions:
10 non	<sup>j</sup> program	Stull Sol it	, Kilow you,	preuse	und wer	une n	onowing	questions.

What are a few of your favorite things to do?
De very enjevene deliging and han sing aut with friends? If was what de very like to de with
Do you enjoy socializing and hanging out with friends? If yes, what do you like to do with
them?
What are some of your strengths?
what are some of your strengths?
What are some of your weaknesses?
what are some of your weaknesses:

Not to be duplicated or recreated without written consent.

# Personal Information (continued)

Do you have any hobbies? If yes, tell us all about them!
Do you have a favorite sport or team? Go Warhawks!
What's your favorite television show, type of music, or band?
what s your favorite television show, type of music, or band:
What's your favorite type of food?
what's your favorite type of food?

Please describe some things that you'd like to learn about in the following areas:
Employment
Independent living
Social
Academics
Other

# **Personal Information (continued)**

Why do you want to go to college?
What type of job do you hope to get after finishing college?
Tell us one thing that you think would surprise us about you.
Please provide any other information that you'd like to share.

#### **Health Insurance**

LIFE students are required to have health insurance throughout their time on campus.

Note: If this policy changes during your time on campus, please provide updated information so our records will remain accurate.

## **Other Required Information**

In addition to responding to the questions in this application packet, students will need to provide the following:

# **High School Transcript**

Please attach a copy of your high school transcript.

# **Results from a Physical Examination**

Prospective students must submit current documentation (no older than one year from the date of application) that they are healthy and capable of participating in traditional college activities, including mild to moderate exercise on a regular basis. Please attach documentation of a recent physical, the form provided, or a signed and dated document on your physician's letterhead that indicates that you are cleared for this or any specific restrictions or limitations that program staff need to be aware of.

# **Documentation of Intellectual Disability**

Please attach documentation that confirms the presence of an intellectual disability, which is characterized by significant limitations in intellectual functioning, adaptive behavior, and academic proficiency. These criteria need to be formally documented via one of the following methods:

- Records indicating a clinical or medical diagnosis of intellectual disability.
- An individualized education program, or other IDEA disability documentation, that identifies the student as having an intellectual disability.
- Standardized norm-referenced test results that were obtained from a clinical, medical, or school professional who administered the assessments. Results in all three of the following areas are needed: intellectual functioning, adaptive behavior, and academic achievement. Generally, we look for standard scores equal to or lower than 70 (approximately 2<sup>nd</sup> percentile). Exceptions may be considered on a per-student basis if our program will provide a meaningful education for the applicant.
  - Some common assessments of intellectual functioning include the Wechsler Intelligence Scale for Children (WISC), the Wechsler Adult Intelligence Scale (WAIS), or the Woodcock-Johnson Tests of Cognitive Abilities (WJ COG).
  - Some common assessments of adaptive behavior include the Adaptive Behavior Assessment System (ABAS) or the Vineland Adaptive Behavior Scales (VABS).
  - Some common assessments of academic achievement include the Woodcock-Johnson Tests of Achievement (WJ ACH) or the Kaufman Test of Educational Achievement (KTEA).

## Letters of Recommendation

Please attach three letters of recommendation from unrelated individuals who know you. At least one should be from a current or former teacher. If your references would prefer to submit their

letters directly, please have them email the letter to <u>lifeprogram@uww.edu</u> and include your full name in the body of the email.

# \* These items can be attached as separate documents to the email or combined into one large PDF and submitted as a complete packet.\*

#### PHYSICAL EXAMINATION

Please have a licensed physician complete the following form or provide another form of documentation from a recent physical examination. Include this with the rest of the application. Please do not have your physician submit it directly.

To be Completed by the Student				
Patient's Name:				
Phone Number:				
Address:				
To be Completed by the Dhysician				
To be Completed by the Physician				
I have examined this patient on				
I have found the following:				
☐ They may participate fully in physical activity consisting of cardiovascular, strength, and flexibility training without restrictions or limitations.				
They may participate in physical activity with the following limitations or restrictions:				
Physician's Signature: Date:				
PLEASE NOTE: This record must be signed by the physician granting the clearance.				

# Signature Page

Please complete and sign the statement below:

I \_\_\_\_\_\_ certify that the information contained in this application packet is accurate and that I have provided all relevant details regarding my suitability for the LIFE Program.

Signature

Date