



## QTT Grants Program – Co-Occurring Disorder Treatment Training Grants

### Description

The Qualified Treatment Trainee (QTT) Grants Program intends to build mental health workforce capacity through the addition of Qualified Treatment Trainee (QTT) trainee positions. Many clinical practitioners encounter individuals experiencing co-occurring disorders of substance use and mental health and may feel unprepared in working with this population, where simultaneous assessment of mental health and substance use must occur. Co-occurring disorders are also sometimes referred to as dual diagnosis. Specialized training, skills, and knowledge are required for treating co-occurring disorders in a mental health setting. A new training called a *4 Step Approach to Treating Co-Occurring Disorders* is available through University of Wisconsin-Whitewater, Center for Inclusive Transition, Education & Employment (CITEE), provides a new framework for clinicians to use in the assessment and treatment of people with co-occurring disorders.

This grant is available to agencies that are investing in staff to be trained on co-occurring disorder treatment and engage at agency level coaching and consultation with expert trainers to deepen implementation of training and clinical practice of co-occurring disorder treatment.

*Grants of \$10,000 are available.*

### Eligibility

- Agency is certified as a DHS 75 clinic and/or provides substance use treatment services under Act 262, Federally Qualified Health Center (FQHC), Indian Health Service/Tribal Health/Urban Indian Health Organization, Free/Charitable clinic listed by WAFCC, FQHC Look-alike, or other agency structure consisting of at least 2 licensed professionals providing psychotherapy or outpatient mental health services and/or substance use services who are qualified to bill Medicaid for those services.
- Agency clinical or clinical supervisor employee (designated as Co-Occurring Disorder Treatment Coordinator) has previously completed or is currently enrolled in *4-Step Approach to Treating Co-Occurring Disorders training*

### Priority Areas

#### Staff Characteristics

- Agency employs practitioners or QTTs with specialized licenses or credentials for substance use treatment (SAC, CSAC, SAC-IT, etc)
- Clinical experience of agency staff – high need for specialized post-graduate training (i.e. clinician experience demonstrates higher need for training)
  - 0-1 year
  - 1-2 years
  - 3-4 years

- 5+ years
- Currently hires and supervises post-graduate QTT positions (LPC-IT, CAPSW, MFT-IT)

#### Consumer characteristics

- Percentage of consumer population being treated for substance use treatment and/or co-occurring disorders
- Level of Medicaid billing
- HPSA and Rural Health Areas/geographic region served
- Commitments to Underserved Communities
  - Black, African American
  - Native American or Tribal
  - Justice-Involved or Incarcerated Individuals
  - LGBTQIA+
  - Latino/a/x, Hispanic
  - Poverty
  - Unsheltered or Housing Insecure
  - Veterans
  - Deaf or Hard of Hearing
  - Asian-American, Hmong, Pacific Islander
  - Immigrants or Refugees
  - Intellectual or Development Disabilities (IDD) with an additional mental health diagnosis
  - Any other underserved group

#### Service provider characteristics

- DHS 75 clinic
- Agency provides services under Act 262
- Medicaid Billing
- Low-cost and/or free/charitable services
- Agency addresses multiple steps of substance use treatment and treats internally at agency for substance use treatment services
  - Agency does **not** refer to external agencies for substance use treatment
  - Steps of substance use treatment addressed:
    1. Assessment/Screening
    2. Diagnosis/Formulation
    3. Decision Making
    4. Treatment Planning

#### Organization goals and commitments

- Impact statement on demonstrable impact on improved level and quality of substance use treatment serves for individuals within community served

### **Deliverables/Progress Documentation**

1. Identify one (1) employee to serve as agency's Co-Occurring Disorder Treatment Coordinator
  - a. Must complete 4-Step Approach to Treating Co-Occurring Disorders training (approximately 12 hours)
  - b. Ongoing time commitment of approximately 10 hours to implement with other agency staff and complete program overview meetings and reporting
2. Treatment Coordinator must complete the *4-Step Approach to Treating Co-Occurring Disorders training* prior to participation in an overview/kick off meeting.
3. Treatment Coordinator must attend at least one monthly Community of Practice Meeting, attendance and participation at all community of practice meetings encouraged.
4. Schedule at least one coaching and consultation meeting with lead trainer(s) for a minimum of 90 minutes and maximum of 120 minutes.

## Timeline

<b>Co-Occuring Disorder Treatment and Training Grant Timeline</b>	
<b>Application Deadline</b>	12/23/23
<b>Award notification</b>	1/12/24
<b>Kick off meeting</b>	TBD January 2024
<b>Funding paperwork completed</b>	1/31/2024
<b>4-Step Approach to Treating Co-Occurring Disorders Training Deadline</b>	3/1/24
<b>Community of Practice Meetings</b>	February – May 2024
<b>Coaching and Consultation Period (scheduled with lead trainer)</b>	February - April 2024
<b>Confirm Progress Documentation and Deliverables for Grant Payment</b>	May 2024
<b>Grant payment begins</b>	February-May 2024  (based on completion and submission of progress documentation/deliverables)