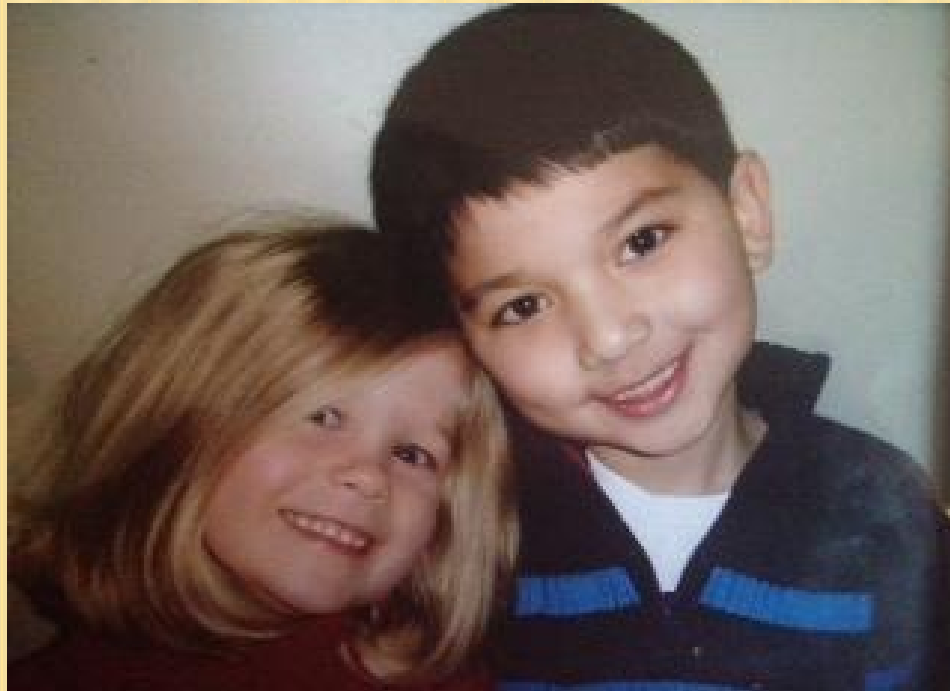


Just S.M.I.L.E.

An approach to S.H.I.F.T. your mindset and see behavior differently!



S.M.I.L.E.

We all have a **S**tory



S.M.I.L.E.

The Jones Academy **S**tory

"I have yet to meet a child who enjoys misbehaving. Rather, I see a child who is working to communicate a message about an unmet need in increasingly desperate and extreme ways."
-- Dr. Vanessa Lapointe



David's Story



Neurodiversity

····· Living · Life · Differently · Able ·····



S.H.I.F.T. YOUR MINDSET ON BEHAVIOR

- **S**EE BEHAVIOR AS CAN'T VS. WON'T
- **H**ELP THEM WITH ACCOMMODATIONS VS. TRY TO FIX THEM
- **I**NTERPRET WHAT THEIR BRAIN IS COMMUNICATING
- **F**IND A WAY TO BUILD A TRUSTING RELATIONSHIP
- **T**AKE A DEEP BREATH AND LET CONTROL GO

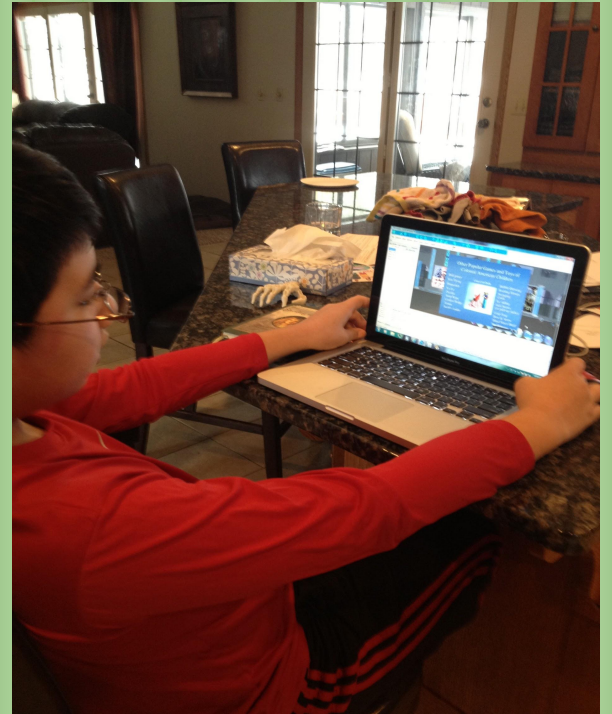
S.M.I.L.E.

Mindfulness



S.M.I.L.E.

I mmerse In Strengths and Interests

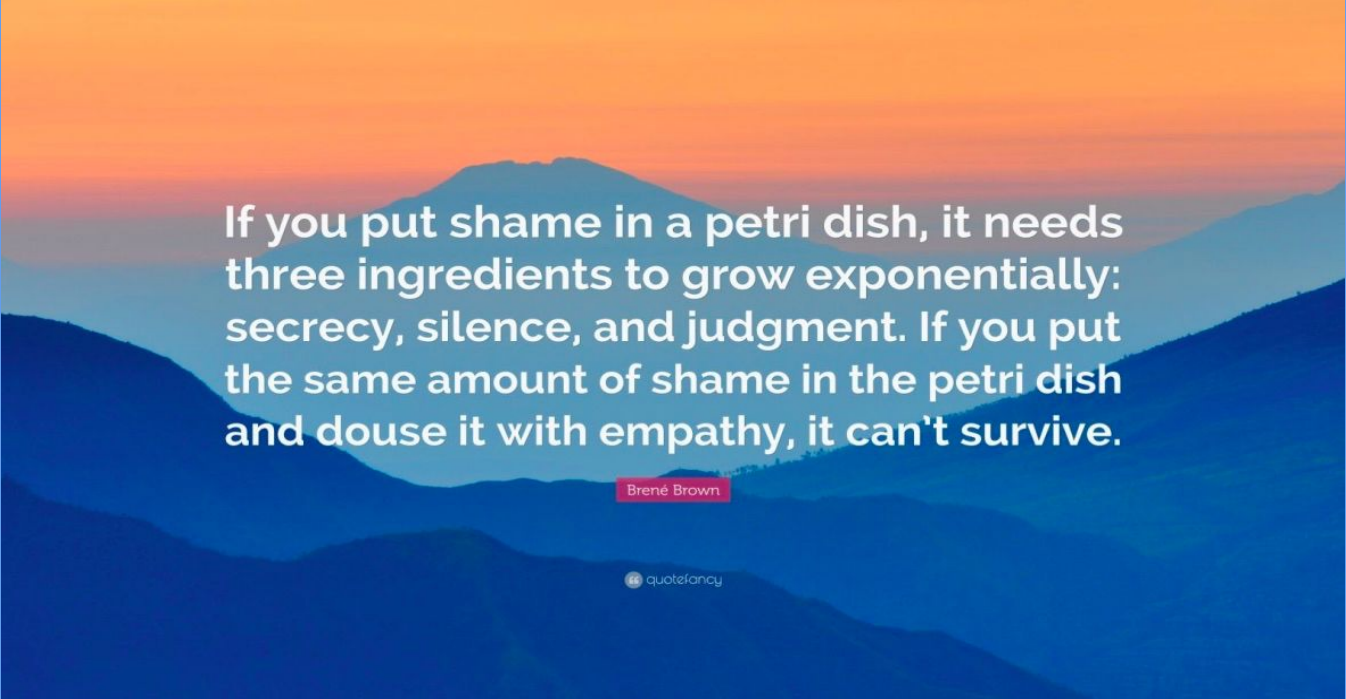


Focus on Strength



S.M.I.L.E.

Let The Judgement, Fear, and Worry GO!



If you put shame in a petri dish, it needs three ingredients to grow exponentially: secrecy, silence, and judgment. If you put the same amount of shame in the petri dish and douse it with empathy, it can't survive.

Brené Brown

quotefancy

No one owns your mind, but yourself. Don't ever forget that!
~David G. Buehler~

S.M.I.L.E.



S.M.I.L.E.

Be the **E**mpathetic Change



Just S.M.I.L.E.

S: See Behavior as Brain Communication

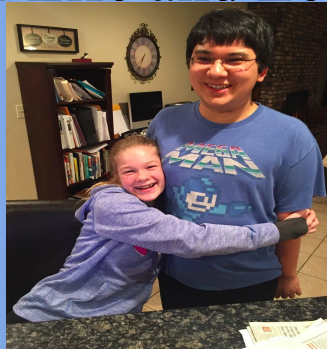
M: Mindfulness Helps ALL of Us...Breathe

I: Identify Strengths and Interests, Including your own

L: Let Go of Fear, Judgement and Worry

E: Empathy + Emotion = Trusting Compassionate Relationships
Essential for Life and Learning

*"Never let anybody say you can't.
Believe in yourself, pursue your dreams
and surround yourself with people who
will help you get where you want to be."
~ Olivia Quigley ~*



JUST S.M.I.L.E. LLC
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S.M.I.L.E. Resources

Story: Autism, FASD

- Trying Differently Rather Than Harder, Diane Malbin (FASD)
- www.fascets.org (FASD organization focus on Neurobehavioral approach)
- NeuroTribes, Steve Silberman
- The Autism Discussion Page, Bill Mason (has Facebook Group also)
- www.aspergerexperts.com (Have Facebook Group also)

Mindfulness:

- Jon Kabat-Zinn: www.mindfulnesscds.com
- Greatergood.berkeley.edu
- www.mindful.org

Immerse in Strength and Interest:

- The Power of Neurodiversity: Unleashing the Advantages of Your Differently Wired Brain, Thomas Armstrong
- The Power of the Adolescent Brain, Thomas Armstrong
- Neurodiversity in the Classroom: Strength-Based Strategies to Help Students with Special Needs Succeed in School and Life, Thomas Armstrong
- www.institute4learning.com (Strength and Interest Survey)

Let it go...

- Brene Brown, www.brenebrown.com, www.courageworks.com
- Daring Greatly, Brene Brown
- Rising Strong, Brene Brown

Empathy and Emotion

- Emotional Intelligence, Daniel Goleman
- The Emotional Life of Your Brain, Richard Davidson, Sharon Begley
- The Social Neuroscience of Education, Louis Cozolino
- Emotions, Learning ,and the Brain, Mary Helen Immordorino-Yang