**Relationships with Youth Self-Assessment**

How do you impact kids? Rate yourself in the following areas from the perspective of the kids you serve.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Hardly Ever | Occasionally | Sometimes | Frequently | Almost Always |
| 1. Be Present—Pay attention when you are with me.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Be Warm—Let me know that you like being with me and express positive feelings toward me.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Invest—Commit time and energy to doing things for and with me.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Show Interest—Make it a priority to understand who I am and what I care about.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Be Dependable—Be someone I can count on and trust
 | ○ | ○ | ○ | ○ | ○ |
| 1. Inspire—Help me see future possibilities for myself.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Expect—Make it clear that you want me to live up to my potential.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Stretch—Recognize my thoughts and abilities while also pushing me to strengthen them.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Limit—Hold me accountable for appropriate boundaries and rules.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Encourage—Praise my efforts and achievements.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Guide—Provide practical assistance and feedback to help me learn.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Model—Be an example I can learn from and admire.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Advocate—Stand up for me when I need it
 | ○ | ○ | ○ | ○ | ○ |
| 1. Respect—Take me seriously and treat me fairly.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Give Voice—Ask for and listen to my opinions and consider them when you make decisions.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Respond—Understand and adjust to my needs, interests, and abilities.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Collaborate—Work with me to accomplish goals and solve problems.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Explore—Expose me to new ideas, experiences, and places.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Connect—Introduce me to people who can help me grow.
 | ○ | ○ | ○ | ○ | ○ |
| 1. Navigate—Help me work through barriers that could stop me from achieving my goals.
 | ○ | ○ | ○ | ○ | ○ |