Suicide Prevention & Early Intervention

* Community and Resiliency as PEI
  + Define thesis statement
  + Define terms
    - Community
    - Resiliency
    - PEI
* Introductions
  + Who am I
  + What do I do
  + What to expect from breakout
* Dear Diary
* Excerpt from Logic
* The What: Community, Resiliency and PEI
  + What community does
  + What community prevents
  + Resilience: the verb form of hope
  + PEI
    - Know ACEs, adverse childhood experiences
  + Personal examples
  + Data & Facts
* The How: Provide Solutions
  + Create community & maintain resilience
    - Make yourself available
    - Be open
    - Foster intimacy and relationships
  + Personal examples
  + MHA, PEI, Data
* So why should you care?
  + PEI saves lives
  + PEI facilitates wellness
* Action steps
  + Implement PEI models
  + Seek community
  + Cultivate resiliency

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