Create a Sensory Self-Soothing Kit By Carolyn Mehlomakulu, Creativity in Therapy

Kyira Wackett, has recommended this post on creating a sensory self-soothing kit as part of her Now is the Time 2018 Conference presentations. Use this link to access the post:

http://creativityintherapy.com/2016/05/create-a-sensory-self-soothing-kit/