



UW - Stevens Point at Wausau
 August 22-23, 2019
 518 S 7th Avenue
 Main Building Room 173 (Lunch)
 and Room 233 (Lecture Hall)

UW - Whitewater
 September 17-18, 2019
 228 Wyman Mall
 University Center
 9/17 Connor Conference Room 259
 9/18 Old Main Ballroom 275

Day One - Theory to Practice Regional Trainings

This is a tentative schedule: times, presentations, and buildings are subject to change.

Practice Tips for Engaging Youth and Young Adults

Marc Fagan, Psy. D.

Vice President of Clinical Operations - Youth Services, Thresholds

Registration, Networking, Announcements, Introductions, Breakfast	8:00 AM - 8:30 AM
<ul style="list-style-type: none"> • Warm-up Exercise - <i>Your Young Adult Self</i> • The Evolution of Emerging Adulthood: "I Can't Wait"/"I Think I'll Wait" 	8:30 AM - 10:15 AM
Break with Refreshments	10:15 AM - 10:30 AM
<ul style="list-style-type: none"> • Recovery from What? • Maintain The Brain - Early Onset Services in TAY • Tips on the TIP Model • Engagement Strategies - <i>Keeping Antennas Up</i> 	10:30 AM - 12:00 PM
Lunch	12:00 PM - 1:00 PM
<ul style="list-style-type: none"> • Sticky Situations: Balancing Risk/Maximizing Learning • Renegotiating Family 	1:00 PM - 2:00 PM
Break with Refreshments	2:00 PM - 2:15 PM
<ul style="list-style-type: none"> • Group Hugs: Team-Based Services • Vocational and Peer Support Specialties • Who Do You Think You Are: <i>Mortality and the Authentic Self</i> • Modified WOOP Exercise to Set Your Intentions 	2:15 PM - 4:30 PM

DAY 1



Inclusive Transition,
 Education and
 Employment Projects

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Day Two - Theory to Practice Regional Trainings

**Transitioning Into Adulthood: Behavioral Health Perspectives
 and Practices for Youth and Young Adults**

Jonathan I. Cloud
 Human Services Consultant and Trainer

Registration, Networking, Announcements, Introductions, Breakfast	8:00 AM - 8:30 AM
The Importance of Identity and its Related Developmental Meta-Tasks <ul style="list-style-type: none"> • Development Prior to Emerging Adulthood is Preparation for Identity Formation • Development During Emerging Adulthood is Centrally About Forming One's Initial Identity • Development After Emerging Adulthood is Ongoing Expansion and Reformulation of Identity 	8:30 AM - 10:15 AM
Break with Refreshments	10:15 AM - 10:30 AM
Executive Function and Finding a "Reason for Being" <ul style="list-style-type: none"> • Review of the Neural Systems and the Role of the Executive Brain • The Fourth System and the Shift from Operational to Post-Operational Intelligence • IKIGAI "Reason for Being" 	10:30 AM - 12:00 AM
Lunch	12:00 PM - 1:00 PM
Identifying Executive Function Difficulties <ul style="list-style-type: none"> • Behavioral Health Difficulties in Light of Executive Function • Utilizing the CCS Service Array to Strengthen Executive Function 	1:00 PM - 2:00 PM
Break with Refreshments	2:00 PM - 2:15 PM
The Beauty of Recovery: <i>It's an Integral Part of Growth</i> <ul style="list-style-type: none"> • First Developmental Task of Recovery: <i>Finding/Making Meaning</i> • Second Developmental Task of Recovery: <i>Forming a Positive Identity</i> • Review of the Stages of Change: <i>Tips for Working with Young People</i> 	2:15 PM - 3:15 PM
Designing a Developmentally-Informed Practice <ul style="list-style-type: none"> • Three Practice Areas Overview: <i>Engaging, Equipping, Empowering</i> • Development of Practice • Presentations by Groups 	3:15 PM - 4:30 PM

DAY 2