



UNIVERSITY OF WISCONSIN
WHITEWATER

ACADEMIC ASSESSMENT

ATHLETIC COACHING EDUCATION MINOR

MISSION STATEMENT

The Athletic Coaching Education minor is designed to meet the national coaching standards developed by the National Association for Sport and Physical Education. The Athletic Coaching Education minor allows students to pursue an add-on 540 Coaching Athletics Professional Educator license from the Wisconsin Department of Public Instruction.

STUDENT LEARNING OUTCOMES

Student learning outcomes (SLOs) are statements of what a student will know or be able to do when they have completed a program. They represent the knowledge and skills a program has determined are most important for students to gain from that program. The most useful SLOs are specific and measurable so the program can accurately assess the degree to which students have achieved each outcome, and they align with college and institution mission and values. Data on achievement of SLOs is used to make improvements in the program and increase student success.

The learning outcomes for the Athletic Coaching Education minor are a subset of the National Standards for Sport Coaches which is published through the National Association for Physical Education and Sport (NASPE), which is an association of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), for accreditation by the National Council for Accreditation of Coaching Education (NCACE), which is recognized as the specialized professional association by the National Council for the Accreditation of Teacher Education.

NATIONAL STANDARDS FOR SPORTS COACHES

Philosophy and Ethics

- Students will subscribe to a philosophy that acknowledges the role of athletics in developing the complete person. They will demonstrate the ability to reinforce responsible personal, social, and ethical behavior in all facets of the program.

Safety and Injury Prevention

- Students will be able to demonstrate skill in the prevention, recognition and evaluation of injuries.

- Students will be able to plan, coordinate and implement procedures for immediate care and the ability to assist athletes with the recovery.

Physical Conditioning

- Students will be able to design programs of training, conditioning, and recovery that properly utilize exercise physiology and biomechanical principles.
- Students will be able to teach proper nutrition for optimal physical and mental performance and overall good health.

Growth and Development

- Students will be able to recognize changing developmental patterns in athletes and modify instruction to support individual athlete's specific needs and developmental characteristics.
- Students will be able to conduct practices and competitions that enhance the physical, social and emotional growth of the athletes.

Teaching and Communication

- Students will be able to develop and monitor goals for the athletes and overall program.
- Students will be able to plan and implement daily practice activities that maximize available resources, and facilitate athlete development and performance.
- Students will be able to identify a variety of tools available to reduce performance anxiety.

Sport Skills and Tactics

- Students will know the skills and techniques associated with the sport being coached.
- Students will be able to apply competitive sport strategies and specific tactics appropriate for the age and skill levels of the participants.

Organization and Administration

- Students will demonstrate organizational and administrative efficiency in implementing sports programs.
- Students will understand the scope of legal responsibilities that comes with assuming a coaching position.

Evaluation

- Students will be familiar with effective evaluation techniques for athlete motivation, individual performance, and team performance as they relate to season objectives and goals.
- Students will be familiar with objective and effective processes for evaluation and of self and staff.
- Foundations and Skills for Lifelong Learning